The Gleaner

February 2022

Mewsletter of Boyceville, Prairie Farm Faith and Wheeler Grace United Methodist Churches Pastor Vicky Strupp Parsonage: 715-749-6351 Prairie Farm: Faith Worship Service 8:30 a.m. Boyceville Worship Service 9:45 a.m. Wheeler: Grace Worship Service 11:00 a.m. Welcome



United Methodist Church PO Box 94 804 St. John St. Boyceville, WI 54725

Return Service Requested

Pastor Vicky's Reflections

Dear Church Family,

As I write this, I have been your pastor for half a year. To say that I am grateful to be here would be an understatement. I'm marveling at the fact that the places that once looked so unfamiliar now warm my heart with their familiarity. New people have quickly become friends. I'm continually grateful for the support and appreciation I receive. It hasn't taken me long to feel truly at home here in Prairie Farm, Boyceville, and Wheeler!

Looking forward to ministry plans for this year, I'm filled with hope and anticipation. Yes, we're still fighting a virus, along with the rest of the world. But let me remind you that God is not done with us yet! Together, let us seek God's wisdom and guidance as we navigate 2022!

From Proverbs 2:

6 For the Lord gives wisdom;

from his mouth come knowledge and understanding;

7 he stores up sound wisdom for the upright;

he is a shield to those who walk blamelessly,

8 guarding the paths of justice

and preserving the way of his faithful ones.

9 Then you will understand righteousness and justice

and equity, every good path;

10 for wisdom will come into your heart,

and knowledge will be pleasant to your soul.

Grace and peace,

Pastor Vicky



January 30th is a Fifth Sunday! We'll have a joint service and potluck at the Boyceville church at 10 am.

Basic Lay Servant Course

Mondays, February 7, 21 and 28

6 p.m. at Trinity United Methodist Church, Elk Mound

Mondays, March 7, 14 and 28

6 p.m. at Iron Creek United Methodist Church, Menomonie

Cost: \$15 if you wish to get your books at the locations or \$4 if you purchase your own books.

If interested, please contact Rev. Joel Certa-Werner

joelumcrev@gmail.com

Sermon by Phone

The Boyceville church is offering a Sermon by Phone service. Each week you can call into our Sermon by Phone telephone number and listen to the scripture reading and sermon. The phone number is 715-309-5114. This is a Menomonie number, and it is a local phone number for Boyceville and Wheeler. There is no charge to listen to the sermon. The sermon will be available to call Sunday after 8 am. Each service will be available till the following Saturday afternoon. If you have any questions call Marguerite at 715-651-7880.

Sermon by Phone - call 715-309-5114. The message will change each week, but the phone number stays the same.

The sermon is also available on the United Methodist Church of Boyceville facebook page: and their website: boycevilleumc.org.



Monday's Meal at Menomonie United Methodist Church

Every Monday evening volunteers gather at the Menomonie United Methodist Church (2703 Bongey Drive) to serve about 150 hot, nourishing, made-from-scratch free meals to anyone and everyone who comes. If you or someone you know would appreciate a meal, meals are served from 5-6 pm via curbside delivery. Just pull up to the wide sidewalk by the front door to order the number of meals you need and then pull ahead to the narrow sidewalk by the side entrance to wait for your meals to be packaged and delivered to you.

New volunteers are also welcome. Just call the church office at 715-235-0654 or email Pastor Wendy at pastor@menomonieumc.org to let them know which day you're available to come and which role you'd like to fill.

• If you like to cook (or are willing to learn), 2-3 volunteers are needed each week for the cooking shift from 2-5 pm. All groceries and supplies are provided for everything that is on the menu each week and at least one experienced cook from the Menomonie UMC will be there to help you find everything you need in the kitchen. You just get to help chop, mix, cook, and bake to get everything ready for the meal.

• If you prefer not to cook, you can still help! From 4:45-6:00 each week we need servers to dish the food up into to-go containers, baggers to neatly stack the filled containers in plastic shopping bags, a greeter to welcome each vehicle and take their order, runners to deliver the meals to the vehicles in the parking lot, and someone to run the commercial dishwasher.

In addition to the inherent joy and camaraderie you'll enjoy simply by helping with this ministry, most weeks if there is enough food left at 6:00 volunteers also get to take a meal home so you don't even have to make supper that night.

All volunteers are expected to follow public health and food safety guidelines. Face masks (when recommended by the CDC), hair nets, and serving gloves will be provided. If you'd rather not wear a hair net, you may bring a baseball cap from home instead. If you have any questions you can reach out to Pastor Wendy Slaback for more information at the email address and phone number above.



Gleaner Deadline

Gleaner news is due Tuesday, February 22nd. Please contact Tammy Nelson at 715-505-2657 or rtsmnelson@hotmail.com with your news. Thanks.

Scripture Readers for Boyceville

ReaderFebruary 6Carol CherneyFebruary 13Glenise ThomasFebruary 20Doreen OlsonFebruary 27Merlyn Jones



Boyceville Coffee Time

Coffee and cookies will be served at Boyceville on Sunday, February 13th and 27th after the worship service. Mindy Nelson and Glenise Thomas will serve on the 13th and Sheila Hegeman and Marguerite Blodgett will serve on the 27th.

Mission Update

We will continue collecting socks for the homeless through the month of February. Socks are needed for men, women and children. They don't have to be black or white, fun colors are nice too. Socks do need to be warm and cover the ankle. Part of the socks will be going to Stepping Stones, the rest Carol Cherney will take to Eau Claire to distribute to the homeless.

In March and April we will be making fleece blankets for emergency services in our area. It takes 2 pieces of fleece, each 2 yards long to make one blanket. A work day will be planned for a Saturday to make the blankets.

February 17 we are having a chili feed to support our mission projects. Cooks are needed to make chili, bars and cookies. Do you have a special chili recipe that everyone loves, consider making a couple of gallons for our chili feed. Contact Doreen or Marguerite if you are willing to make chili or bake.

Birthdays and Anniversaries in February

- 1 Bridgett Kahl
- 2 Ashlee Hanson
- 2 Jeremy White
- 10 Gilbert Krueger
- 11 Kyle Smith
- 15 Jerod Nelson
- 15 Doreen Olson
- 16 Gary Knutson

17 - Frank Dummer

- 20 Cory Dunn 20 - Katie Kegen
- 25 Skipper Ford 25 - Glenise Thomas
- 27 Julie Hiben





We would like to thank everyone at the church for all your love, support, prayers and gifts after our house fire. We are truly blessed !! Thank you so much. John and Rosanne Wurtzler



Gloria KahlParker KnutsonChloe HoweyRex NicholsonJeanna HollisterAmanda RoperHonduras MissionAmanda RoperFood Harvest MinistryCoat ClosetOur shut-ins & those in nursing homes

A reminder: Please remember our shut-ins with calls and cards. Please keep our prayer list current by letting Pastor Vicky or Tammy know when names should be added or removed.

Church Cookbooks

The Downing United Methodist Church has cookbooks for sale for \$5 each. If you would like one, please let Tammy know at 715-505-2657 or <u>rtsmnelson@hotmail.com</u>. They make great gifts. Wheeler: Grace United Methodist Church

Take-out Creamed Chicken & Biscuit Dinner

3-7 p.m. Thursday, February 10th

Pick up food at Our Savior's Lutheran Church, Wheeler, WI

Faith United Methodist Church News for February

Worship Service at 8:30 am

Thank you:

- To Tim and Dawn Schauer for a monetary donation to the Memorial Fund in memory of Kathy Larson.
- To Robin Burke for making a fruit basket for Gary and Gloria.
- To all who helped take down the Christmas decorations.
- To all who helped financially. Apportionments were paid in full.
- To Lay Readers: Robin Burke, Roxanne White, and Bill Wiseman.
- To Coffee Servers: Robin Burke, Roxanne White, and Margie Wiseman.

	Lay Reader	Greeter/Usher	Coffee/Snack
February 6	Leslie Frisle	Open	Leslie Frisle
February 13	Bill Wiseman	Bill Wiseman	Open
February 20	Bruce Drinkman	Open	Open
February 27	Roxanne White	Roxanne White	Roxanne White

Faith United Methodist Women

Faith United Methodist Women will not be going to Pioneer Care and Rehab for our February meeting. There are restrictions in the Activity Room for Social Distancing due to Covid. Our next meeting will be March 4th with Pat Frisle having the Call to Prayer and Self-Denial program.





An Attitude of Gratitude Makes a Big Impact February 2022

Most of the time it seems as if making a positive change in your life takes a lot of discipline, time, and effort. This makes sense. If quick and easy fixes really led to things like better physical and mental health, financial wealth, and problem-free relationships – we'd all be rich, deliriously happy, and well-adjusted. We do know that life isn't that easy or simple. But, what if one word was able to improve both your physical and mental health, give you more and better friends, and help you accomplish more? Such a word does exist. It is GRATITUDE.

A 2014 article from Forbes outlines seven benefits of showing gratitude:

- 1. Gratitude opens the door to more relationships. When we say thank you or express appreciation to someone we've just met, the person we thank is more likely to seek an ongoing relationship.
- 2. People who express gratitude experience fewer aches and pains and they report feeling healthier than people who do not express gratitude.
- 3. Gratitude improves psychological health. Research confirms that gratitude effectively increases happiness and reduces depression
- 4. Gratitude reduces aggression and increases both sensitivity and empathy.
- 5. Grateful people sleep better.
- 6. Gratitude increases a person's self-esteem and reduces resentment toward people who are perceived as having more.
- 7. Gratitude increases mental strength. Studies indicate that people who are grateful respond to trauma and tragedy with greater resilience and strength. Recognizing all you have to be thankful for – even during the worst times of your life – fosters resilience.

How can you nurture an attitude of gratitude?

- Consider creating a gratitude journal, taking time each day to write out what you are grateful for.
- Surround yourself with "gratitude cues," which are notes or visual reminders of what you must be grateful for, set in places where you will see them throughout the day.
- During your daily prayer time, be sure to include time to give thanks.
- Begin practicing mindfulness. Mindfulness and gratitude are connected.

Yes, we may find that being grateful is neither easy nor simple, especially during difficult times. But I believe its impact on our lives is well worth the effort.

> Rev. Jason Mahnke, Wisconsin United Methodist Foundation Contact me at: 608-837-9582 or jmahnke@wumf.org

Visit the Wisconsin United Methodist Foundation at www.wumf.org or Facebook/wumf.org or call 1-888-903-9863